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## PRAMS Questions According to Topic:

Question Topic	Question	Response Options	Core Question	Standard Question	IA Phase 7 question number
Alcohol use before and/or	Have you had any alcoholic drinks in the past 2 years?	° Yes ° No	Core33		35
after pregnancy	During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?	<ul> <li>14 drinks or more a week</li> <li>7 to 13 drinks a week</li> <li>4 to 6 drinks a week</li> <li>1 to 3 drinks a week</li> <li>Less than 1 drink a week</li> <li>I didn't drink then</li> </ul>	Core34		36
	During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week?	<ul> <li>14 drinks or more a week</li> <li>7 to 13 drinks a week</li> <li>4 to 6 drinks a week</li> <li>1 to 3 drinks a week</li> <li>Less than 1 drink a week</li> <li>I didn't drink then</li> </ul>	Core37		37
Breastfeeding	Did you ever breastfeed or pump breast milk to feed your new baby after delivery, even for a short period of time?	° Yes ° No	Core45		51
Wh	What were your reasons for not breastfeeding your new baby	Mark all that apply.  o I was sick or on medicine o I had other children to take care of o I had too many household duties o I didn't like breastfeeding o I tried but it was too hard o I didn't want to o I went back to work or school o Other		В1	52
	Are you currently breastfeeding or feeding pumped milk to your new baby?	° Yes	Core46		53
	How many weeks or months did you breastfeed or pump milk to feed your baby?	° Weeks/months ° Less than 1 week	Core47		54

	What were your reasons for stopping	Mark all that apply.			
	breastfeeding?	<ul> <li>My baby had difficulty latching or nursing</li> <li>Breast milk alone did not satisfy my baby</li> <li>I thought my baby was not gaining enough weight</li> <li>My nipples were sore, cracked, or bleeding</li> <li>It was too hard, painful, or too time consuming</li> <li>I thought I was not producing enough milk, or my milk had dried up</li> <li>I had too many other household duties</li> <li>I felt it was the right time to stop breastfeeding</li> <li>I got sick or I had to stop for medical reasons</li> <li>I went back to school or work</li> <li>My baby was jaundiced</li> <li>Other</li> </ul>		В2	55
Contraception (pre and	When you got pregnant with your new baby, were you or your husband or your partner doing anything to keep from getting pregnant?	° Yes ° No	Core15		15
postpartum)	What were you or your husband's/partner's reasons for not doing anything to keep from getting pregnant?	Mark all that apply.  o I didn't mind if I got pregnant  o I thought I could not get pregnant at that time  o I had side effects from the birth control method I was using  o I has problems getting birth control when I need it  o I thought my husband or partner or I was sterile  o My husband or partner didn't want to use anything  o Other	Core16		16
	Are you or your husband doing anything now to keep from getting pregnant?	° Yes ° No	Core50		60
	What are your reasons or your husband's/partner's reasons for not doing anything to keep from getting pregnant now?	Mark all that apply.  ° I am not having sex  ° I want to get pregnant  ° I don't want to use birth control  ° I am worried about side effects from birth control  ° My husband/partner doesn't want to use anything  ° I have problems getting birth control when I need it  ° I had my tubes tied or blocked  ° My husband/partner had a vasectomy  ° I am pregnant now  ° Other	Core51		61

	What kind of birth control are you or your husband or partner using now to keep from getting pregnant?	Mark all that apply.  ° Tubes tied or blocked  ° Vasectomy  ° Birth control pill  ° Condoms			
		<ul> <li>Injection (Depo-Provera)</li> <li>Contraceptive patch or vaginal ring</li> <li>IUD</li> <li>Natural family planning</li> <li>Withdrawal</li> <li>Not having sex (abstinence)</li> <li>Other</li> </ul>	Core52		62
Depression	Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions?	Mark all that apply.  Depression one of the choices	Core11		11
	Since your new baby was born, how often have you felt down, depressed, or hopeless?	° Always ° Often ° Sometimes ° Rarely ° Never	Core54		64
	Since your new baby was born, how often have you had little interest or little pleasure in doing things?	° Always ° Often ° Sometimes ° Rarely ° Never	Core55		65
	At any time during your most recent pregnancy or after delivery, did a doctor, nurse, or other health care worker talk with you about "baby blues" or postpartum depression?	° Yes ° No		M2	71
	Since your new baby was born, has a doctor, nurse, or other health care worker told you that you had depression?	° Yes ° No		M5	72
	Since your new baby was born, have you taken prescription medication for your depression?	° Yes ° No		M10	73
	Since your new baby was born, have you gotten counseling for your depression?	° Yes ° No		M11	74
Diabetes	Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions?	Mark all that apply.  Type 1 or 2 diabetes one of the choices	Core11		11
	During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?	° Yes ° No	Core28		29
Domestic Violence	During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick, choke or physically hurt you in any other way?	° Yes ° No	Core37		40

	During your most recent pregnancy, did your	° Yes			
	husband or partner push, hit, slap, kick, choke	° No	Core38		41
	or physically hurt you in any other way?  Before you got pregnant with your new baby, did your husband or partner ever try to keep you from using your birth control so that you would get pregnant when you didn't want to?	° Yes ° No		Z8	67
	During any of the following time periods, did your husband or partner threaten you, limit your activities against your will, or make you feel unsafe in any other way?	Mark all that apply.  Ouring the 12 months before I got pregnant During my most recent pregnancy Since my new baby was born		<b>Z</b> 9	68
Flu shot	During the 12 months before the delivery of your new baby, did a doctor, nurse, or other health care worker offer you a flu shot or tell you to get one?	° Yes ° No	Core21		22
	During the 12 months before the delivery of your new baby, did you get a flu shot?	<ul><li>No</li><li>Yes, before my pregnancy</li><li>Yes, during my pregnancy</li></ul>	Core22		23
	During what month and year did you get the flu shot?	° Month/Year ° I don't remember	Core23		24
Folic Acid Use	During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?	<ul> <li>I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant</li> <li>1 to 3 times a week</li> <li>4 to 6 times a week</li> <li>Every day of the week</li> </ul>	Core9		9
HIV testing	At any time during your most recent pregnancy or delivery, did you have a test for HIV? (the virus that causes AIDS)	° Yes ° No ° I don't know	Core20		21
Home-visiting	During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby?	° Yes ° No	Core26		27
	Since your new baby was born, has a home visitor come to your home to help you learn how to take care of yourself or your new baby?	° Yes ° No	Core49		59
Household Safety	Listed below are some statements about safety.	Mark all that apply.  ° I always used a seatbelt during my most recent pregnancy  ° My home has a working smoke alarm  ° There are loaded guns, rifles, or other firearms in my home  ° I have received information about infant products that should be taken off the market (product recalls) since my new baby was born		<b>S1</b>	75

Household Income	During the 12 months before your new baby was born, what was your total household income before taxes?	Choose category.  ° \$0 to \$15,000  ° \$15,001to \$19,000  ° \$19,001 to \$22,000  ° \$22,001 to \$26,000  ° \$26,001 to \$29,000  ° \$29,001 to \$37,000  ° \$37,001 to \$44,000  ° \$44,001 to \$52,000  ° \$52,001 to \$56,000  ° \$56,001 to \$67,000  ° \$79,001 or more	Core57		76
	During the 12 months before your new baby was born, how many people, including yourself, depended on this income?	Provide number.	Core58		77
Infant Sleep Behaviors	In which one position do you most often lay your baby down to sleep now?	Choose one.  ° On his/her side  ° On his/her back  ° On his/her stomach	Core48		57
	Listed below are some things that describe how your new baby usually sleeps.	Mark all that apply.  My new baby sleeps in a crib or portable crib  My new baby sleeps on a firm or hard mattress  My new baby sleeps with pillows  My new baby sleeps with bumper pads  My new baby sleeps with plush or thick blankets  My new baby sleeps with stuffed toys  My new baby sleeps with an infant positioner  My new baby sleeps with me or another person		F3	58
Infant Status	After your baby was born, was he or she put in an intensive care unit?	° Yes ° No ° I don't know	Core41		47
	After your baby was delivered, how long did he or she stay in the hospital?	<ul> <li>Less than 24 hours (less than 1 day)</li> <li>24-48 hours (1 to 2 days)</li> <li>3 to 5 days</li> <li>6 to 14 days</li> <li>More than 14 days</li> <li>My baby was not born in a hospital</li> <li>My baby is still in the hospital</li> </ul>	Core42		48
	Is your baby alive now?	° Yes ° No	Core43		49
	Is your baby living with you now?	° Yes ° No	Core44		50

Insurance status	During the month before you got pregnant with your new baby, what kind of health insurance did you have?	Mark all that apply.  Private health insurance from my job or the job of my husband, partner, or parents  Private health insurance purchased directly from an insurance company  Medicaid (Title 19) or lowaCare  Hawk-i  lowa Family Planning Network (IFPN)  CHAMPUS/TRICARE  Indian Health Services (IHS)	Core8		8
	During your most recent pregnancy, what kind of health insurance did you have to pay for your prenatal care?	Mark all that apply.  Private health insurance from my job or the job of my husband, partner, or parents  Private health insurance purchased directly from an insurance company  Medicaid (Title 19)  Hawk-i  OB Indigent Program  CHAMPUS/TRICARE  Indian Health Services (IHS)	Core18		18
	What kind of health insurance do you have now?	Mark all that apply.  Private health insurance from my job or the job of my husband, partner, or parents  Private health insurance purchased directly from an insurance company  Medicaid (Title 19)  Hawk-i  OB Indigent Program  CHAMPUS/TRICARE  Indian Health Services (IHS)	Core56		66
Labor and Delivery	During your most recent pregnancy, did you take a class or classes to prepare for childbirth and learn what to expect during labor and delivery?	° Yes ° No	Core25		26
	When was your baby born?	Month, day, year	Core39		42
	Did your doctor, nurse, or other health care worker try to induce your labor (start your contractions using medicine)?	° Yes ° No		К9	43
	How was your new baby delivered?	° Vaginally ° Caesarean sections (c-section)		К3	44

	1				
	What was the reason that your new baby was born by caesarean delivery (c-section)?	Mark all that apply.  I had a previous c-section  My baby was in the wrong position (such as breech)  I was past my due date  My health care provider worried that my baby was too big  I had a medical condition that made labor dangerous for me (heart condition, physical disability)  I had a complication in my pregnancy (such as preeclampsia, placental problems, infection, preterm labor)  My health care provider tried to induce my labor, but it didn't work  Labor was taking too long  The fetal monitor showed that my baby was having problems before or during labor (fetal distress)  I wanted to schedule my delivery  I didn't want to deliver my baby vaginally  Other		K7	45
Low birthweight	Did the baby born just before your new one weigh 5 lbs., 8 ounces or less at birth?	° Yes ° No	Core5		5
Oral Health Care	At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?	Mark all that apply.  ° I had my teeth cleaned by a dentist or dental hygienist	Core7		7i
	This question is about the care of your teeth during your most recent pregnancy.	Mark all that apply.  ° I knew it was important to care for my teeth and gums during my pregnancy  ° A dental or other health care worker talked with me about how to care for my teeth and gums  ° I had my teeth cleaned by a dentist or dental hygienist  ° I had insurance to cover dental care during my pregnancy  ° I needed to see a dentist for a problem  ° I went to a dentist or dental clinic about a problem	Core24		25
Postpartum	See also Weight gain or loss				
Healthcare	Since your new baby was born, have you had a postpartum checkup for yourself?	° Yes ° No	Core53		63
Pre-conception Comorbidities	Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions?	Mark all that apply.  ° High blood pressure or Hypertension  ° Type 1 or 2 diabetes  ° Depression	Core11		11

Pre-conception	At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?  Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker	Mark all that apply. (choices include)  ° I was regularly taking prescription medicines other than birth control  ° I visited a health care worker and was checked for diabetes  ° I visited a health care worker and was checked for high blood pressure  ° I visited a health care worker and was checked for depression or anxiety  ° I talked to a health care worker about my family medical history  ° Yes  ° No	Core7	7d,e,f,g
Counseling	talk to you about how to improve your health before pregnancy?		Core10	10
Pre-conception Health Behaviors	At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?	Mark all that apply  I was dieting (changing my eating habits) to lose weight  I was exercising 3 or more days of the week  I was regularly taking prescription medicines other than birth control  I visited a health care worker and was checked for diabetes  I visited a health care worker and was checked for high blood pressure  I visited a health care worker and was checked for depression or anxiety  I talked to a health care worker about my family medical history  I had my teeth cleaned by a dentist or dental hygienist	Core7	7a-h
Pregnancy Intention	Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant?	<ul> <li>I wanted to be pregnant sooner</li> <li>I wanted to be pregnant later</li> <li>I wanted to be pregnant then</li> <li>I didn't want to be pregnant then or at any time in the future.</li> <li>I wasn't sure what I wanted</li> </ul>	Core12	12
	How much longer did you want to wait to become pregnant?	<ul> <li>Less than 1 year</li> <li>1 year to less than 2 years</li> <li>2 years to less than 3 years</li> <li>3 years to 5 years</li> <li>More than 5 years</li> </ul>	Core13	13
	When you got pregnant with your new baby, were you trying to get pregnant?	° Yes ° No	Core14	14
Prenatal Care	How many weeks or months pregnant were you when you had your first visit for prenatal care?	° Weeks ° Months ° I didn't go for prenatal care	Core17	17

Preterm Births	During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?  Was the baby just before your new one born	Mark all that apply.  How much weight I should gain during my pregnancy How smoking during pregnancy could affect my baby.  Breastfeeding my baby. How drinking alcohol during pregnancy could affect my baby.  Using a seat belt during my pregnancy. Birth control methods to use after my pregnancy. Medicine that is safe to take during my pregnancy. How using illegal drugs could affect my baby. Doing tests to screen for birth defects or diseases that run in my family. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due) Getting tested for HIV What to do if I feel depressed during my pregnancy or after my baby is born Physical abuse to women by their partners.	Core19		19
Preterm Births	earlier than 3 weeks before his or her due date?  During your most recent pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from being born too early by giving you a series of weekly shots of a medicine called Progesterone, Makena, or 17P	° Yes	Core6	N5	30
Shaken Baby Syndrome	(17 alpha-hydroxy progesterone)?  Have you ever heard or read about what can happen if a baby is shaken?	° Yes ° No		S13	56
Smoking before, during and/or	Have you smoked any cigarettes in the past 2 years?	° Yes ° No	Core29		31
after pregnancy	In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes)	<ul> <li>41 cigarettes or more</li> <li>21 to 40 cigarettes</li> <li>11 to 20 cigarettes</li> <li>6 to 10 cigarettes</li> <li>1 to 5 cigarettes</li> <li>Less than 1 cigarette</li> <li>I didn't smoke then</li> </ul>	Core30		32

	In the last 3 months of your pregnancy, how	° 41 cigarettes or more			
	many cigarettes did you smoke on an average	° 21 to 40 cigarettes			
	day? (A pack has 20 cigarettes)	° 11 to 20 cigarettes			
		° 6 to 10 cigarettes	Core31		33
		° 1 to 5 cigarettes			
		° Less than 1 cigarette			
		° I didn't smoke then			
	How many cigarettes do you smoke on an	° 41 cigarettes or more			
	average day now? (A pack has 20 cigarettes)	° 21 to 40 cigarettes			
		° 11 to 20 cigarettes			
		° 6 to 10 cigarettes	Core24		34
		° 1 to 5 cigarettes			
		° Less than 1 cigarette			
		° I don't smoke now			
	Listed below are some things about quitting	Mark all that apply			
	smoking. During your most recent pregnancy	° Set a specific date to stop smoking			
	did you:	° Use booklets, videos, or other materials to help you			
		quit			
		° Call a national or state quit line or go to a website			
		<ul> <li>Attend a class or program to stop smoking</li> </ul>		AA2	
		° Go to counseling for help with quitting		AAZ	69
		° Use a nicotine patch, gum, lozenge, nasal spray or			
1		inhaler			
		° Take a pill like Zyban (also known as Wellbutrin or			
		Bupropion) or Chantix (also known as Varenicline)			
		° Try to quit on your own (e.g. cold turkey)			
		° Other			

Stressors	This question is about things that may have happened during the 12 months before your new baby was born. (mark all that apply)	Mark all that apply.  A close family member was very sick and had to go into the hospital  I got separated or divorced from my husband or partner  I moved to a new address  I was homeless  My husband or partner lost his job  I lost my job even though I wanted to go on working  My husband, partner, or I had a cut in work hours or pay  I was apart from my husband or partner due to military deployment  I argued with my husband or partner more than usual  My husband or partner said he didn't want me to be pregnant  I had problems paying the rent, mortgage, or other bills  I was in a physical fight  My husband or partner or I went to jail  Someone very close to me had a problem with drinking or drugs  Someone very close to me died	Core36		38
	During the 12 months before your new baby was born, did you feel emotionally upset as a result of how you were treated based on your race?	° Yes ° No		BB1	39
	During your most recent pregnancy, would you have had the kinds of help listed below if you needed them?	Mark all that apply.  ° Someone to loan me \$50  ° Someone to help me if I were sick and needed to be in bed  ° Someone to take me to the clinic or doctor's office if I needed a ride  ° Someone to talk with about my problems		W2	70
Weight gain or	How tall are you without shoes?	Feet/inches or Centimeters	Core1		1
loss	Just before you got pregnant with your new baby, how much did you weigh?	Pounds or Kilos	Core2		2
	During your most recent pregnancy, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?	Mark all that apply.  ° Food that are good to eat during pregnancy  ° Exercise during pregnancy  ° Programs or resources to help me gain the right amount of weight during pregnancy  ° Programs or resources to help me lose weight after pregnancy		R16	20
	By the end of your most recent pregnancy, how much weight had you gained?	° I gained pounds ° I didn't gain any weight, but I lost pounds ° My weight didn't change during my pregnancy ° I don't know	Core40		46

WIC	During your most recent pregnancy, were you	° Yes	C27	20
	on WIC (the Special Supplemental Nutrition	° No	Core27	28
	Program for Women, Infants, and Children)?			

Mother and Father Race/Ethnicity	Not on PRAMS – obtained via link with birth certificate
Birthplace	Not on PRAMS – obtained via link with birth certificate
Marital Status	Not on PRAMS – obtained via link with birth certificate
Mother and Father Education	Not on PRAMS – obtained via link with birth certificate